

Eagle Quest Schedule 2020

Tenderfoot	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	4a, c (I)	4a, c (E)	6a or 6c (I,E)	Open I & E	Open I & E
9:30-10:00					
10:00-10:30	4b, c (I)	4b, c (E)	7a (I,E)		
10:30-11:00			Open I & E		
11:00-11:30	3a-c, 8 (I)	3a-c, 8 (E)	2a-c (I,E)		
11:30-12:00			Cooking	Area Closed	Area Closed
12:00-2:00	Area Closed	Area Closed			
2:00-2:30	3d (Totin' Chip) (I)	3d (Totin' Chip) (E)	6a or 6c (I,E)	Open I & E	Open I & E
2:30-3:00					
3:00-3:30	5a-c (I)	5a-c (E)			
3:30-4:00					
4:00-4:30	Open I & E	Open I & E	Open I & E		
4:30-5:00					

Second Class	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	3a, d (I) + Compass	3a (E) + Compass	3b, c (I, E) 5 Mile Hike Meet at Hobby Tables Bring Compass	4 (I)	4 (E)
9:30-10:00				Open I & E	Open I & E
10:00-10:30	6a-e (I)	6a-e (E)		5a- d (I)	5a-d (E)
10:30-11:00				*Meet at Waterfront	*Meet at Waterfront
11:00-11:30	7c, 9a, b (I)	2a-e (I) Cooking			
11:30-12:00				Area Closed	Area Closed
12:00-2:00	Area Closed				
2:00-2:30	5a-d (I) *Meet at Waterfront	5a-d (E) *Meet at Waterfront	2f, g (I)	2f, g (E)	3b, c (I, E) 5 Mile Hike Meet at Hobby Tables Bring Compass
2:30-3:00					
3:00-3:30			8b (I)	8b (E)	
3:30-4:00					
4:00-4:30	Open I & E	Open I & E	Open I & E	Open I & E	
4:30-5:00					
10:00-10:30	Area Closed	3d (E) Activity Field	Area Closed	Area Closed	Area Closed

First Class	Monday	Tuesday	Wednesday	Thursday	Friday
7:00-9:00	Area Closed	Area Closed	Area Closed	2e (I,E) Cooking	Area Closed
9:00-9:30	5b-d (I)	5b-d (E)	6b-e (I) *Meet at Waterfront	6b-e (I,E) *Meet at Waterfront	6b-e (E) *Meet at Waterfront
9:30-10:00					
10:00-10:30					
10:30-11:00	7a-c (I)	7a-c (E)	2a-d (I,E)	3a-d (I)	3a-d (E)
11:00-11:30					
11:30-12:00	Open I & E	Open I & E			
12:00-2:00	Area Closed	Area Closed	Area Closed	2e (I,E) Cooking	Area Closed
2:00-2:30	4a, 5a (I) Compass	4a, 5a (E) Compass	4b (I,E)	7d-f (I)	7d-f (E)
2:30-3:00					
3:00-3:30				Open I & E	Open I & E
3:30-4:00	Open I & E	Open I & E	Open I & E	9a (I,E)	
4:00-4:30					
4:30-5:00				Open I & E	

KEY: I= Instruction E=Evaluation * = Meet at the Waterfront prepared with swimsuit, towel, and shoes
 + = night part completed on Tuesday evening **Bold** = Special item to bring, or place to meet

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Tenderfoot Requirements Covered:

- 2a. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup.
- 2b. While on a campout, demonstrate an appropriate method of safely cleaning items used to prepare, serve, and eat a meal.
- 2c. Explain the importance of eating together.
- 3a. Demonstrate a practical use of the square knot.
- 3b. Demonstrate a practical use of the two half-hitches.
- 3c. Demonstrate a practical use of the taut-line hitch.
- 3d. Explain the proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.
- 4a. Show first aid for the following: Simple cuts and scratches, Blisters on the hand and foot, Minor (thermal/heat) burns or scalds (Superficial, or first-degree), Bites or stings of insects and ticks, Poisonous snakebite, Nosebleed, Frostbite and sunburn, and Choking.
- 4b. Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.
- 4c. Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposures listed in Tenderfoot requirements 4a and 4b.
- 5a. Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a troop or patrol outing.
- 5b. Explain what to do if you are lost on a hike or campout.
- 5c. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night.
- 6a. Record your best in the following tests:

<u>Current results</u>	<u>30 days later</u>
Push ups _____ Pull ups _____ Sit ups _____	Push ups _____ Pull ups _____ Sit ups _____
Standing long jump ___ ft ___ in. 1-mile walk/run _____	Standing long jump ___ ft ___ in. 1-mile walk/run _____
- 6c. Show improvement (of any degree) in each activity listed in Tenderfoot requirement 6a after practicing for 30 days.
- 7a. Demonstrate how to display, raise, lower, and fold the U.S. flag.
8. Using the EDGE method teach another person how to tie the square knot.

Eagle Quest Schedule 2020

Second Class Requirements Covered:

- 2a. Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.
- 2b. Use the tools listed in Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire.
- 2c. At an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.
- 2d. Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a light weight stove or propane stove. Light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.
- 2e. On one campout, plan and cook one hot breakfast or lunch, selecting foods from MyPlate or the current USDA nutrition model. Explain the importance of good nutrition. Demonstrate how to transport, store, and prepare the foods you selected.
- 2f. Demonstrate the tying of the sheet bend knot. Describe a situation in which you would use this knot.
- 2g. Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.
- 3a. Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.
- 3b. Using a compass and map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian.
- 3c. Describe some injuries you might encounter on your hike and what you can do to help prevent them.
- 3d. Demonstrate how to find directions during the day and night without using a compass or an electronic device.
4. Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.
- 5a. Tell what precautions must be taken for a safe swim.
- 5b. Demonstrate your ability to pass the BSA beginner test: Jump feet-first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 5c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects.
- 5d. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.
- 6a. Demonstrate first aid for the following: Object in the eye, Bite of a warm-blooded animal, Puncture wounds from a splinter, nail, and fishhook, Serious burns (partial thickness or second-degree), Heat exhaustion, Shock, and Heatstroke, dehydration, hypothermia, and hyperventilation.
- 6b. Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.
- 6c. Tell what you can do on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.
- 6d. Explain what to do in the case of accidents that require emergency response in the home and backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.
- 6e. Tell how you should respond if you come upon the scene of a vehicular accident.
- 7c. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss the participation in the program with your family, and explain the dangers of substance addictions. Report to your Scoutmaster or other adult leader in your troop about which parts of the Scout Oath and Scout Law relate to what you learned.
- 8b. Explain what respect is due to the flag of the United States.
- 9a. Explain the three R's of personal safety and protection.
- 9b. Describe bullying; tell what the appropriate response is to someone who is bullying you or another person.

Eagle Quest Schedule 2020

First Class Requirements Covered:

- 2a. Help plan a menu for one of the above campouts that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of these meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.
- 2b. Using the menu planned in First Class requirement 2a, make a list showing a budget and the food amounts needed to feed three or more boys. Secure the ingredients.
- 2c. Show which pans, utensils, and other gear will be needed to cook and serve these meals.
- 2d. Demonstrate the procedures used to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Show how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.
- 2e. On one campout, serve as cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in First Class requirement 2a. Supervise the cleanup.
- 3a. Discuss when you should and should not use lashings
- 3b. Demonstrate tying the timber hitch and clove hitch.
- 3c. Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.
- 3d. Use lashings to make a useful camp gadget or structure.
- 4a. Using a map and compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.)
- 4b. Demonstrate how to use a handheld GPS unit, GPS app on a smart phone, or other electronic navigation system. Use GPS to find your current location, a destination of your choice, and the route you will take to get there, follow that route to arrive at your destination.
- 5a. Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. You may show evidence by identifying fallen leaves or fallen fruit that you find in the field, or as part of a collection you have made, or by photographs you have taken.
- 5b. Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event.
- 5c. Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.
- 5d. Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.
- 6b. Tell what precautions must be taken for a safe trip afloat.
- 6c. Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle or an oar.
- 6d. Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat.
- 6e. With a helper and practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)
- 7a. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.
- 7b. By yourself and with a partner, show how to: Transport a person from a smoke-filled room, and Transport for at least 25 yards a person with a sprained ankle.
- 7c. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).
- 7d. Tell what utility services exist in our home or meeting place. Describe potential hazards associated with these utilities and tell how to respond in emergency situations.
- 7e. Develop an emergency action plan for your home that includes what to do in case of a fire, storm, power outage, and water outage.
- 7f. Explain how to obtain potable water in an emergency.
- 9a. Visit and discuss with a selected individual approved by your leader (for example, an elected official, judge, attorney, civil servant, principal, or teacher) the constitutional rights and obligations of a U.S. citizen.