

**2019 Akela's World Cycle 1 Menu**  
Sessions 1, 3, 5, 7

	Friday	Saturday	Sunday
<b>BREAKFAST</b>			
Main	Staff Breakfast	Scrambled eggs, Bacon, roasted potatoes, Peaches	Fench toast sticks, Sausage Patty, Apple sauce, pancake syrup, Apple Sauce
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free		GF Muffin	GF Cinnamon Pancakes
Vegetarian			veg sausage
<b>LUNCH</b>			
Main	Meatball Subs, marinara sauce, cheese, hoagie, fries	Chicken Penne Alfredo, garlic green beans, Bread stick	Beef Tacos, Spanish rice, Shredded Lettuce, Cheese, Salsa, Flour Tortillas, frijoles, churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Pasta	corn tort/ GF cookie
Vegetarian	Veg Sloppy Joe	Penne Alfredo	Grilled Pepper and Onions
<b>DINNER</b>			
Main	Roast Turkey breast, grilled corn, mashed red potatoes, turkey gravy, dinner roll	chicken breast sandwich, shredded lettuce, tomato, macaroni salad, Tater Tots	
Standard	Salad Bar and Fruit		
Dessert	Blondie Brownie	PUDDING	
Beverage	Water, Juice, & Milk		
Gluten Free	GF Bread	GF Bun	
Vegetarian	Faux chicken nug	Faux meat patty	
GF Dessert			

**2019 Akela's World Cycle 2 Menu**  
Sessions 2, 4, 6, 8

	Friday	Saturday	Sunday
<b>BREAKFAST</b>			
Main	Staff Breakfast	Baked Bacon and cheddar omlets, Hash browns, warm biscuits, Peaches	Fench toast sticks, Sausage Patty, Apple sauce, pancake syrup, Apple Sauce
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free			GF Cinnamon Pancakes
Vegetarian		No meat omelet	veg sausage
<b>LUNCH</b>			
Main	Sloppy Joe, bun, Corn Chips, Macaroni and Cheese	Penne with meat sauce, green beans, bread stick	Chicken Tacos, Spanish rice, Shredded Lettuce, Cheese, Salsa, Flour Tortillas, frijoles, churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Pasta	Corn Tortilla/ GF cookie
Vegetarian	Veg patty	Marinara Sauce	Faux chicken tacos
<b>DINNER</b>			
Main	Baked Chicken Tenders (3), Mashed Potatoes (4oz), Corn	Hamburgers, Shredded lettuce, Sliced cheese, fries	
Standard	Salad Bar and Fruit		
Dessert	Blondie Brownie	PUDDING	
Beverage	Water, Juice, & Milk		
Gluten Free	Grilled chicken	GF Bun	
Vegetarian	Faux chicken nuggets	Faux meat patty	
GF Dessert			